



**European Good Practice  
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# **National System for Pelvic Pain**

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# Background

- Why ?
- 2012 Patient issues discussed, need for a multidisciplinary and integrated approach
- MEDAL study. Birmingham Uni, background paper
- NHS Right Care, Sir Muir Gray: Public Health England

# What is the aim?

- To use a Population Healthcare approach to design a population based system of care which focuses on the outcomes that should be delivered to patients with chronic pelvic pain (CPP)
- The overall aim is to increase the value of healthcare services provided to patients with CPP

# How?

- Develop a population based system of care for those with persistent pelvic pain
- Define the scope and population
- Reach agreement on the aims and outcomes-based objectives of the service
- Identify one or more criteria for each outcomes-based objective to measure progress towards those objectives

# How? (cont.)

- Identify levels of performance that can be used as quality standards
- Identify resources
- Identify partners to be engaged in a network
- Plan to build the system

# How? (cont.)

- A design group co-ordinates and leads the design of the system and writes the specification
- A design network ensures that it is informed by all interested partners including patients and carers
- 3 workshops in 2013, Royal Society for Public Health, London February 2013, Southampton May and Royal College of Obstetricians and Gynaecologists, October 2013

- Knowledge gathering ( GP' s, pain consultants, gynaecologists, nurses, physios, psychologists, patients)
- Focus on :
- Treatment pathway
- Education
- Research
- Resources
- Wider healthcare context

# Pilot projects

- Testing the approach in 8 localities:
  - North London
  - East London
  - Bristol
  - Southampton
  - Leicester
  - Middlesbrough
  - Oxford
  - Edinburgh



# Outcomes

- The system specification and annual reports based on it can be viewed at <http://www.chronicpelvicpainsystems.yolasite.com/cpp-systems.php>
- Very important step because it will allow our partners:
- To see how they are doing year on year and see whether they are meeting their targets
- To identify network and pathways issues
- To constructively compare themselves to other populations with similar socio-demographics and learn from them and improve their services in an evidence-based way.

# Indirect outcomes

- Increased collaboration across disciplines with a focus on the patient
- Greater patient involvement in their care
- Increased success in research funding applications

# Next steps

- Each year progress will be reviewed based on the annual reports received from participating populations
- Presentations will be invited and discussed at an annual workshop sponsored by Public Health England
- The intention is to recruit more localities to produce annual reports and to cover a larger proportion of the population
- To identify good practice as well as gaps in care provision

# Thank you

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