

## Czech ILCO, z.s.

Ostomy association

www.ILCO.cz

## **Ostomy patient**

"stoma" – in greek "mouth" (figuratively opening)

Ostomy patient disable person who has stoma opening, usually colon, ileus or ureter.

Change of basic physiological functions, uncontrollable amptying in unnatural way with basic need to have ostomy appliances.

MUDr.Lúčan SLOVILCO

# Stoma is always a serious problem

Health

- technical
- health complication
- product use

Mental

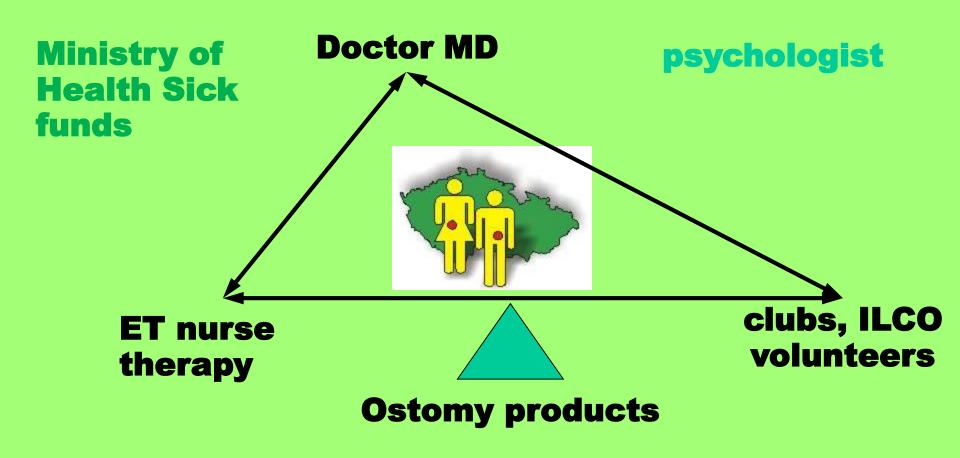
- mental settlement
- integration

Social

- ability to work
- ZTP, retirement



## Ostomy care supposed to be balanced



#### Ostomy care

ET nurse – mental support, product recomendation + how to use it, support courage, other info

Et nurse needs sufficient time and individual attitude

She is GUARDIAN ANGEL for an ostomate

Based on ILCO - ET nurses don't have enough time to educate ostomates.

Only 25% of ostomates have a chance to visit ET consultancy rooms (????)

#### **ET** consultancy rooms



#### Patient - info before/after surgery

- long term care till the end, suitable product
- ostomy check/ care
- avoid complications

#### Benefit for Sick fund and health care system

- Ostomy care is chaper
- Proper product— mental health
- Minimum skin complications
- Be back to normal life

Lower costs = satisfied patient



## History of ostomy products

Till 1990



Since 1997 are ostomy limits + accesories in law



## History of Czech ILCO



In 1992 - 12 groups of ostomates Experience abroad:

ostomates need 1 voice in 1992 was established the organization

Czech ILCO covers 20 groups -1000 ILCO members (15 000 ostomates in Czechia)

#### České ILCO, z.s. pacientská organizace pro lidi s vývodem





Máme spolky stomiků po celé ČR

### What ostomy club offers

- Regular meetings
- Professional presentations (ETs, doctors)
- Product presentations for ostomates
- Help service, volunteers
- Newsletter
- Reconditions
- Tours, Trips
- Cultural/sport events
- Theatre subscription





### Czech ILCO Presidents

Doc. RNDr. Vladimír Kleinwachter 1992-|2001 president IOA, Presidet EOA

RNDr. Oldřich Čapka 2001-2004

Ing. Miroslav Šerý 2004-2009 Kongres EOA Brno

Ing. Marie Ředinová 2009 – 2021 - Established Info centre for ostomates in Prague

Štěpánka Kovaříková 2021 -

- PR about ostomy life

#### Prezident IOA doc. Vladimír Kleinwächter



## Kongres EOA – European ostomy association, Brno 11.-14.9.2008



#### 12th Meeting of ostomates from CZ, PL, SK

