

## ACTIVE CITIZENSHIP NETWORK

**#CareForAll 2023 Campaign** 

November 2023

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### SOCIAL MEDIA TRENDS



#### The Rise of Social Media

Since social media was introduced in 1997, social media usage and screen time has followed an upward trajectory peaking during the heat of Covid-19.



### **Social Media Usage**

In Q1 of 2023, the average time spent on social media per day was 2 h 1m in Europe – compared to the global average of 2h 26m.



### Social Media Usage by Age

Gen Z (age 12-26) have the highest social media use averaging at 2h 51m per day – compared to Baby Boomers (age 59-77) who have the lowest working age social media usage averaging at 1h 31m per day.



# Main reasons for using social

Finding like-minded communities

8

Reading news stories, including looking for sources of information, ranks within the top 4 reasons for people using social media

Posting about your life 7

Finding content (e.g. videos) 6

Seeing what's being talked about 5

Finding inspiration for things to do and buy Reading news stories 3

Keeping in touch with friends and family

Filling spare time





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# The #CareForAll Social Tiles







### The #CareForAll Social Tiles 1-3

Knowledge of existing COVID-19 treatments is critical for healthcare professionals when providing effective care to patients.

Member States, in collaboration with medical scientific societies, should earmark resources to support healthcare professionals' knowledge acquisition of existing COVID-19 treatments.

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COVID-19: #CareforAll



Pharmacists can help in managing medications, COVID-19 testing and vaccination efforts, making it easier for patients to access testing and vaccination services.

Member States should consider strengthening the role of pharmacists, considering the high level of trust patients put in them. This would not only improve patients' trust in the overall healthcare system but also would contribute to reducing existent health disparities.

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Identifying COVID-19 symptoms early is critical to prevent the spread of the virus. However, there remains a lack of citizen and patient trust in healthcare.

To improve the level of patient knowledge about the risks of COVID-19, and overall trust in healthcare, National governments should provide the necessary support to improve communication skills of healthcare professionals.

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### The #CareForAll Social Tiles 4-6

Covid-19 remains a deadly disease for high-risk patient groups, who are faced by a high degree of Covid-19 misinformation. High-risk patient groups need correct health information to protect themselves from Covid-19.

Member States, in collaboration with civic and patient organisations, should support raising public awareness about Covid-19-related risks. Communications campaigns should be tailored to different categories of highrisk groups.

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The pandemic showcased the effectiveness of telemedicine in fighting public health emergencies, reducing face-to-face patient visits and shortening time

To address challenges for COVID-19 patients, including those living in rural or remote areas, Member States should prioritise investment in eHealth infrastructure, including telemedicine, digital health records and health information exchange systems.

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Covid-19 highlighted how current healthcare pathways have been shown to lack effectiveness, innovation, and functionality.

To better respond to future eventual health crises, multidisciplinary and versatile medical and patient pathways should be created by Member States to ameliorate the current challenges and barriers that the population

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#### The #CareForAll Social Tiles 7-10

At-risk groups, such as older adults, and individuals with underlying health conditions, are more vulnerable to severe illness and death from COVID-19. Free testing can help identify cases early, allowing for timely medical intervention and reducing the risk of complications.

Member States shall put in place measures to ensure that high-risk groups have access to free COVID-19 testing kits.

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Vaccination and antiviral treatments has proven to be the most effective deference against Covid-19 outbreaks, which led to a decrease in the number of cases and deaths from COVID-19. Yet. Covid-19 is still a serious health threat, especially for high-risk populations. To prevent the outbreak Covid-19 cases, Member States shall ensure that Covid-19 is kept at the forefront of national healthcare policies.

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Joint procurement and unified guidelines across countries helped streamline the worlds response to COVID-19, reducing the administrative burden on healthcare providers and improving high-quality care to patients.

The European Commission's Health Preparedness and Response Authority (HERA) should create additional guidelines to ensure a unified approach for improved patient accessibility to care.



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National healthcare systems faced havoc during the Covid-19 pandemic, which could have been reduced by better health policies and investments to enable sufficient care.

The European Commission, through the development of work programmes of EU funding mechanisms, including Horizon Europe or EU4Health programmes, should further support research facilities in improving COVID-19 prevention, detection, monitoring and treatment.

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### The #CareForAll Social Tile 11 - Programme partners and collaborators



### **Next Steps**

- ☐ The Active Citizenship Network will be launching the #CareForAll 2023 Campaign on their website on the 20<sup>h</sup> of November.
- □ All 11 #CareForAll social tiles will be published on the Active Citizenship Networks Twitter and Facebook social media accounts, between the 20<sup>th</sup> of November – 6<sup>th</sup> of December.
- ☐ The #CareForAll 2023 Campaign will be translated and shared across various countries by the Active Citizenship Network and partners.

