

## MANIFESTO

"Empowered patients are a resource"

Civic Recommendations to improve the empowerment of citizens with chronic diseases  
and their organizations

This Manifesto arises from the work of promotion of Active Citizenship Network in occasion  
of the 8<sup>th</sup> European Patient's Rights Day

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Association name and Country:

1 R.I.A.D.C.A , PORTUGAL
2 ACCION PSORIASIS, SPAIN
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4 ANMAR, Associazione Nazionale Malati Reumatici, ITALY
5 ANAP, Associazione Nazionale Anziani e Pensionati, ITALY
6 EFN, European Federation of Nurses Associations, BELGIUM
7 Diabetic Association of Sao Miguel and Sta Maria Islands - Azores, Portugal
8 Andrija Stampar Institute of Public Health, Zagreb, Croatia
9 Patients Rights Association in Kosovo(PRAK), Kosovo
10 Association de l'Hypertension Artérielle Pulmonaire en Belgique asbl, Belgium
11 PHAEurope Pulmonary Hypertension Association, Austria
12 Europa Donna Malta ( Breast Care Support Group) , Malta

13 Center for Hope Foundation / Фондация "Център за надежда", Bulgaria
14 Heart Association / Асоциацията "Сърце", Bulgaria
15 Bulgarian Haemophilia Association / Българска Асоциация на хеморагични болни, Bulgaria
16 Open Interaction Association / Асоциацията "Отворено общество", Bulgaria
17 Bulgarian Union of transplanted / Български Съюз на трансплантационни пациенти, Bulgaria
18 IDF Europe, International Diabetes Federation, Belgium
19 Myeloma Patients Europe, Belgium
20 MERC Medicine and Ecology Research Center, Macedonia
21 Council of representatives of patient s organizations of Lithuania
22 CISS Collectif Interassociatif Sur la Santé, France
23 CNAMC, National Coordinator, Italian Coalition of Associations for Patients suffering Chronic Diseases, Italy
24 Rutland Citizens Advice Bureau, UK
25 Patients Ombud Office, Latvia
26 Hungarian Civil Liberties Union, Hungary
27 Estonian Patient Advocacy Association, Estonia
28 Index Foundation, Bulgaria
29 Niederösterreichische Patienten- und Pflegethemen, Austria
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33 SWEDISH PSORIASIS ORGANIZATION, Sweden



**International  
Diabetes Federation  
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ФОНДАЦИЯ НА ПАЦИЕНТИТЕ С  
ХРОНИЧНА БЪБРЕЧНА НЕДОСТАТЪЧНОСТ И  
ХЕМОДИЛИЗИРАНИТЕ В БЪЛГАРИЯ



**Pacientu Ombuds**



This publication arises from the conference **“The role of citizens' organisations in the empowerment of patients with chronic diseases” ECHRODIS**, which has received funding from the European Union, in the framework of the Health Programme (2008 -2013). The content represents the views of the author and it is his sole responsibility; it can in no way be taken to reflect the views of the European Commission and the Executive Agency for Health and Consumers or any other body of the European Union. The European Commission and the Executive Agency do not accept responsibility for any use that may be made of the information it contains. "